

**HEALTH AND SAFETY FOR ALLOTMENT GARDENS RISK ASSESSMENT.  
All activities to be carried out at the risk of each tenant**

<b>Hazard</b>	<b>Person at risk</b>	<b>Control / Monitoring</b>
Blisters, minor cuts, abrasions	All tenants and associated guests	<ol style="list-style-type: none"> <li>1. Wear work gloves, not fabric.</li> <li>2. Keep hands as clean as possible.</li> <li>3. Keep up to date with tetanus inoculations.</li> </ol>
Accidents with tools	All tenants and associated guests	<ol style="list-style-type: none"> <li>1. Wear boots or other appropriate footwear.</li> <li>2. Inspect site prior to work.</li> <li>3. Exclude public if necessary.</li> <li>4. Keep tools well-maintained to be safe to use.</li> <li>5. Discard all faulty equipment.</li> <li>6. Only use appropriate tools in correct manner.</li> <li>7. Get basic training in tool safety.</li> <li>8. Where non-standard, e.g. powered, equipment is required, seek appropriate advice.</li> </ol> <p>For example ensure that tools are stored and hung appropriately and that you have an awareness of the function of each tool</p>
Moving, lifting or handling loads	All tenants and associated guests	<ol style="list-style-type: none"> <li>1. Assess load and location.</li> <li>2. Seek help if required.</li> <li>3. Get basic training in manual handling.</li> </ol>
Uneven ground, trip hazards	All tenants and associated guests	<ol style="list-style-type: none"> <li>1. Be aware of the state of ground being worked on.</li> <li>2. Wear footwear with a good grip.</li> <li>3. Take extra care if working on slippery ground.</li> <li>4. All access routes must be kept free from materials and debris at all times.</li> </ol>
Bacterial infections	All tenants and associated guests	<ol style="list-style-type: none"> <li>1. Be aware that illness and infection can be caused by poor garden hygiene.</li> <li>2. Take care not to put hands in mouth or around mouth, nose or eyes while gardening.</li> <li>3. Wash hands carefully before eating.</li> <li>4. Cover cuts or grazes with waterproof dressings while working in the garden.</li> <li>5. Garden produce should be washed thoroughly before eating.</li> </ol>
Plant allergies / stings / insect stings	All tenants and associated guests	<ol style="list-style-type: none"> <li>1. Be aware you may be allergic to certain plants and if so avoid contact.</li> <li>2. Try to wear gloves at all times.</li> <li>3. Wash hands thoroughly at the end of each session.</li> <li>4. Be aware of insect bites and stings.</li> </ol>

